

BASTOWS SPIRIT: SPECIAL EDITION



Welcoming the World to London

Making History

Welcome to a special edition of Bastows SPIRIT, celebrating the London Olympic Games and sharing in the excitement of this historic and unique event.



Our Family

Site Manager Steve Anderson was proud to see a friend carry the Olympic flame in Reigate, Surrey on Friday 20 July. Carol Jennings was selected to be a torchbearer for her work in her community with Scouts, Girl Guides, and young people, as well as volunteering at local care homes and working hard to support cancer care charities.



It was a very proud moment for Steve and Carol's family to see her carry the flame- Steve made the very best effort to make sure she spotted them on her route and as you can see, when Carol spotted her Mum, a very proud Mum got quite emotional!

We are thrilled that Steve was able to join Carol and her family for her special day, and thank him and Carol for permission to share her story.

THE OPENING CEREMONY

A spectacular celebration to kick off our Games

The London 2012 Games will be officially opened in an opening ceremony already being described as a 'perfect' showcase for the host nation. Directed by Oscar-winning British director Danny Boyle, we have been given a few hints about what to expect... But we won't spoil the surprise! There will be plenty of moments to remember, and we don't even know who'll be carrying the Olympic flame into the stadium yet. (More on that below...) The ceremony will be televised live at 9pm on Friday 27 July- don't miss out. Get a few bubbles in, spark up the BBQ, tune in early and invite a few mates round to share in the fun!

THE OLYMPIC PARK

A legacy for London



The Olympic Stadium, Aquatics Centre, Velodrome and athletes' village make up the purpose-built facilities London has created to bring the Games to our city.

It's planned these will create a lasting legacy including the conversion of the athletes' village to housing for local people and the adoption of the stadium by an as-yet undecided sports team, business venture or education

facility will create jobs, dynamism and a bright future for the people of East London.

WHO WILL LIGHT THE FLAME?

We look at a few possibilities...

Speculation is rife as to who will carry the Olympic flame into the stadium for the Opening Ceremony and light the cauldron which will burn throughout the Olympic and Paralympic Games. Whoever has been awarded the honour is being kept a closely-guarded secret... Who would you like to see step up on Friday night?

DAVID BECKHAM?

A great ambassador for British sport and a key member of the team that brought the Games to London, David grew up close to the Olympic Park and there are many who'd love to see a local lad win

this honour.



SIR STEVE
REDGRAVE?

Indisputably our greatest Olympian, the rowing legend competed in five Olympic Games and won Gold at all of them. Can we expect to see Sir Steve carry the flame proudly into the Park?

SEBASTIAN COE?

It has to be Seb: Without Seb, we wouldn't have the Games, say supporters of the former running star and British Olympic hero. But won't he be busy in his role as Chair of the London

Games Committee..?

THE QUEEN?

In her Diamond Jubilee year, will Her Majesty be invited to light the cauldron and give the seal of Royal approval to the Games?



We're running a sweepstake and we've all learned who we will be hoping to see do the deed, but we'd love to hear from you with your ideas.

WHO DO YOU THINK WILL LIGHT THE FLAME? Email niki@bastows.co.uk with your ideas and if you're the first to guess correctly, you might win a £25 Giftcard for a store of your choice!

THE INSIDE VIEW

Working hard to deliver the Games

Our own Tori Rosenbaum has been in touch with Scott Pocock, a friend who is working on the audio-visual team at the Olympic Park and helping the international news crews with setting up to broadcast the Games around the globe.

Scott caught this photo of the stadium early this morning and we thought we'd share it with you. We thank him for sending it over and wish him and the technical team every success with their essential work.



We'd also like to thank the thousands of Gamesmakers, volunteers from all over the UK who are working tirelessly to make the Olympic and Paralympic Games enjoyable and successful for all, as well as the Police, emergency and Armed Forces personnel who have in many cases given up leave to be a part of the Games, and are working to keep visitors and athletes safe during the Olympics.

It couldn't happen without you.

FROM YELLOW TO GOLD

Tour de France hero Bradley Wiggins looks for Olympic success

Bradley Wiggins will not celebrate his Tour de France win and instead turn his focus to the London Olympics.

The 32-year-old sealed Britain's first Tour victory on Sunday, ending a 109-year wait for a British win in the legendary road race.



Londoner Wiggins will now target 2012 glory in the men's road race and the individual time trial.

"Everything turns to the Olympics and I'll be out on the bike on Monday. I've got an Olympic time trial to try and win," he said. "It's a little weird to leave Paris without a party because it would be nice to spend time

with the team and really enjoy it."

Wiggins, whose main focus in the early part of his career was on the track, will compete in the Olympic road race on 28 July before taking part in the time trial on 1 August.

"It's hard to take it in as it happens," said Wiggins. "Every lap of the Champs-Elysees was goose-pimple stuff." He said the turn near the Arc de Triomphe was "just a sea of Brits", adding that "the noise was incredible" and comparing the experience to winning track gold at the Athens Games in 2004.

"It was close to what it was like at the Olympics in Athens when I was coming into the home straight," he said. "It's that kind of feeling. It's phenomenal."

OUR PLAN

Since last year, the Bastows team have been working to ensure a safe, fun and successful Olympic summer for our Family



Remember to refer to our Games plan and use the resources we've shared to plan ahead.

Don't forget to share useful info you find to help one another, our clients, residents and our business. Show

visitors to London how we make it beautiful by being professional, safe, friendly and helpful. Be proud of London- you helped to make it shine!

Also, please send us your news and photos, so we can share your Olympics stories with our Family.

Stay safe and remember you're not Usain Bolt when you are inspired to take up jogging, and, please...

ENJOY THE GAMES!